

# ADULT GAME CHANGER

PRIVATE MONTHLY TRAINING  
PROGRAM FOR ADULTS

CLASSES CONSIST OF:

- 2 TIMES PER WEEK
- 2 HOURS PER CLASS  
(TOTAL 16 HOURS PER MONTH)

PROGRAM INCLUDES:

- CUSTOMIZED TRAINING PROGRAM
- VIDEO ANALYSIS
- SPEED AND STRENGTH TRAINING  
PROGRAM

FOR MORE INFORMATION:  
+1-619-329-4634 | WHATSAPP



FEE  
**\$700 US**  
PER MONTH

